

(MOSTLY) LOCAL INDIGENOUS RESOURCES AND ORGANIZATIONS

LEARN & UNLEARN

<u>48 Books by Indigenous Writers</u>	Curated list by Cree author, David A. Robertson, for readers of all ages to learn and understand residential schools.
<u>Indigenous Awareness- BCIT</u>	This course promotes an increased understanding of Indigenous people and their place and space in Canada, past and present. Words like Reconciliation and Indigenization are becoming common place and are often followed by questions such as, "What do these words mean? Why do we have to do this? How come I didn't know about Residential Schools?". Start anytime
<u>Indigenous Canada- U of A</u>	Indigenous Canada is a 12-lesson Massive Open Online Course (MOOC) from the Faculty of Native Studies that explores Indigenous histories and contemporary issues in Canada. From an Indigenous perspective, this course explores key issues facing Indigenous peoples today from a historical and critical perspective highlighting national and local Indigenous-settler relations. Enroll for free, starts September 27, 2021
<u>Reconciliation Through Indigenous Education - UBC</u>	This course will help you envision how Indigenous histories, perspectives, worldviews, and approaches to learning can be made part of the work we do in classrooms, organizations, communities, and our everyday experiences in ways that are thoughtful and respectful. Next offering: September 30-November 11, 2021
<u>Residential Schools Podcast Series</u>	Residential Schools is a three-part podcast series created by Historica Canada and hosted by Shaneen Robinson-Desjarlais. It aims to commemorate the history and legacy of residential schools, and honour the stories of First Nations, Métis, and Inuit Survivors, their families, and communities.

SUPPORT

ARTWORK

<u>Bill Reid Gallery of Northwest Coast Art</u>	The Bill Reid Gallery is Canada's only public gallery dedicated to contemporary Indigenous Art of the Northwest Coast that build bridges between all peoples, including Indigenous and settler populations.
<u>Coastal Peoples Fine Arts Gallery</u>	Established in 1996, Coastal Peoples Gallery brings visitors and collectors together to experience a superb collection of fine First Nations and Inuit artworks.
<u>Lattimer Gallery</u>	Lattimer Gallery has the unique, warm atmosphere of a Northwest Longhouse. They offer a fascinating display of gold and silver jewellery, argillite carvings, soapstone sculptures, bentwood boxes, masks, totem poles, and much more.

APPAREL

<u>Evan Ducharme</u>	Evan Ducharme provides a wardrobe of separates, outerwear, and eveningwear for the customer who demands authenticity in every aspect of their life.
<u>Hinaani Design</u>	Hinaani is proudly Inuit owned, and designs clothing and accessories that promote Inuit culture, language, and lifestyle to foster positive self-esteem.
<u>S & K Collective</u>	Lytton First Nations female owned small shop located in Port Coquitlam, B.C.
<u>Spirit Works</u>	Spirit Works is an Indigenous owned, operated, and staffed company focused on the creation and distribution of authentic Indigenous products.
<u>Totem Design House</u>	Totem Design House is a locally made, artist produced, one-stop-shop for authentic Indigenous made products.
<u>Warren Steven Scott</u>	Warren Steven Scott is a contemporary accessory designer, fashion designer, tailor, and craftsperson. His collection bridges the Western concept of luxury fashion with his ancestral worldview on ethics, craft, and aesthetic sensibility, representing a distinct contribution to a genuine Canadian fashion.

WELLNESS & BEAUTY

<u>Cheekbone Beauty</u>	Cheekbone Beauty is an Indigenous-owned and founded, digitally-native, Canadian cosmetics company known for creating high quality, cruelty-free beauty products.
<u>Quw'utsun' Made</u>	Indigenous-owned contemporary lifestyle and apothecary, combining ancestral knowledge and Northwest native plant extracts
<u>Sisters Sage</u>	Sisters, and co-founders, created an Indigenous brand that hand-crafts wellness and self-care products inspired by their culture and traditions.
<u>Skwalwen Botanicals</u>	Skwálwen (skwall-win) is an Indigenous business creating botanical skin care products honouring traditional Skwxwú7mesh (Squamish) plant knowledge. They incorporate sustainably harvested plants and organic, high-quality ingredients. Wild plant ingredients are harvested in a respectful way and each product has a Squamish name to honour the place where this plant knowledge comes from.

BOOKS

<u>Iron Dog Books</u>	Indigenous-owned bookshop and book truck
<u>Massy Books</u>	Massy Books is a funky retail destination in Vancouver's Chinatown neighbourhood — made all the more vibrant by the book lovers who walk through its doors. It's a place people feel welcome to explore and ask questions, and to browse in ways that give pause to the day.
<u>Raven Reads</u>	Indigenous-owned subscription box that features award-winning Indigenous content and literature direct to your door step every three months.
<u>Strong Nations</u>	Indigenous-owned and operated online book and gift store, and publishing house.

RESTAURANTS/FOOD

<u>Mr. Bannock</u>	Indigenous owned foodtruck. Menu includes bannock taco, bannock burgers, cinnamon brown sugar bannock, bannock eclairs, and daily specials. Partners with <u>Spirit Bear Coffee Company</u> .
<u>One Arrow Meats</u>	One Arrow makes Artisan Bacon utilizing unique flavours, natural smoke and locally sourced ingredients. Owned and operated by Cree-Métis chef Heat Laliberte.
<u>Salmon n' Bannock</u>	In the spirit of First Nation's traditions, their intention is to provide a gathering place where the focus is on the people and the food. Founded in 2010 by Remi Caudron and Inez Cook.

TOURISM

<u>Aboriginal Eco Tours</u>	Aboriginal & Eco Tour Services is a booking centre giving visitor's retail access to eco-tourism and Aboriginal travel products and services throughout British Columbia.
<u>Indigenous Tourism BC</u>	Indigenous Tourism BC (ITBC) is a non-profit, Stakeholder-based organization committed to the continued growth of sustainable, authentic, and culturally rich Indigenous tourism industry in British Columbia
<u>Quaaout Lodge & Spa</u>	Lodge and Spa in Chase, B.C by Little Shuswap Lake, includes 70 guest rooms, dining, golf, and relaxing spa treatments.
<u>Skwachays Lodge</u>	Canada's first Indigenous arts hotel, located in downtown Vancouver. The boutique hotel features 18 guest rooms and a rooftop sweat lodge, plus provides affordable housing to First Nations artists, who work and live on-site.
<u>Talaysay Tours</u>	Talaysay Tours offers an authentic Aboriginal cultural and eco-tourism experiences in and around Vancouver, Squamish and the Sunshine Coast. First Nation guides share ancient and contemporary stories, legends, and Aboriginal ways of living.

DONATE

<u>Fraser Region Aboriginal Friendship Centre Association</u>	Friendship Centres are often a first point of contact for Indigenous people seeking services and supports. Donations are used to provide culturally relevant, no-cost resources, events, programs, and services to urban Indigenous community members.
<u>Indian Residential School Survivors Society</u>	A provincial organization with a 20-year history of providing services to Indian residential School Survivors, their families, and those dealing with Intergenerational traumas. Services include counselling, and cultural/health support.
<u>Indspire</u>	Donations allow Indspire to provide scholarships and bursaries to Indigenous post-secondary students across Canada, as well as other exciting programs.
<u>Kwi Awt Stelmexw</u>	Kwi Awt Stelmexw is a not-for-profit organization that provides support for the revitalization of the Squamish Language through arts & education programs, services, and products.
<u>Spirit of the Children Society</u>	They work to empower and strengthen Indigenous families by providing support and resources through the programs offered, including drop-in programs for children and youth, infant development programs, family support groups, and housing support.
<u>Urban Native Youth Association</u>	Urban Native Youth Association is the centre of Indigenous youth excellence, supporting youth on their journeys by amplifying and celebrating their voices.
<u>Vancouver Aboriginal Friendship Centre Society</u>	The Friendship Centre, a charitable organization provides programs in health, welfare, social services, human rights, culture, education, recreation, and equality for all genders of aboriginal people of all age groups.