



**Set/ Rep Meeting Minutes  
of the School of Health Sciences  
Thursday October 24, 2013**

**Chair:** Alicia Parayno, Chair of the School of Health Sciences

**Set/Tech Reps:**

Kate Bornstein  
Tessa Chandra  
Caitlyn Maletta  
Paul Kovamees  
Sara Plain  
Shary Chen  
Michael Cheung  
Bao Tran  
Vincent Leung  
Daniel Toolsie  
Dennis Senft  
Erin Kille

Jaime Walker  
Natalie Andersson  
Elizabeth Hadwell  
Brian Chung  
Amanda Ding  
Jennifer Pendlington  
Carl Ganzert  
Tracy Arndt  
Don Ta  
Andrew Hou  
Catherine Wang  
Howell Liu

**Guests:**

Fiona Mitchell, Associate Dean  
Helen Au, Councillor

Gilbert Kim, Councillor  
Catherine Pascuas, Councillor

**Guest Speakers:** Heather Hyde, BCIT Counseling; Eirene Cloma, BCITSA VP Student Affairs; Hung Le, Chair of Computing

**2.1 Meeting called to order:**

The Chairperson, Alicia, calls meeting to order at 5:30PM

**2.2. Guest Speakers:**

Alicia introduces guest speakers.

**2.2.1 BCIT Counseling: Heather Hyde**

Heather calls attention to services, support networks and resources available counseling at BCIT. She talks about most common issues that BCIT health science students face (stress, financial difficulties, relationship issues etc). She educates set reps on keeping an eye out on fellow students who may be experiencing difficulties. Set reps to act as a liaison between students and counseling services to start process. Heather explains the general process student would go through for counseling. She also outlines current projects and Counseling Outreach Activities such as Speak Up Speak Out, Stress Reduction and Mindfulness Meditation, Substance

Abuse, Dog Days, and Hi F.I.V.E. (anti-stigma campaign). She also mentions Healthy Minds/Healthy Campus Campus Summit directed to students (3rd week of January 2014 at Coast Plaza Hotel on Denman which is almost free for students to attend.) Ultimately advises students to keep an open mind about mental health issues and related stigmas, seek help early and there is no shame in seeking help from a counselor. Left set reps with handouts, pamphlet materials and after-hours contact information. Alicia to continue liaising with Heather to keep set reps informed. Encourages Set Reps to also directly contact her with any questions and concerns.

Contact information:

Counseling and Student Development

- SE16-127
- 8:30am-4:30pm, M-F
- 604.432.8608 (appointments)
- <http://www.bcit.ca/counselling/>

**Q:** Are you available at other times?

**A:** No, but we do have after hours system for selected services. Please check the after-hours services hours (24hr crises lines) <http://www.bcit.ca/counselling/afterhours.shtml>

**Q:** Where did Hi F.I.V.E originate?

**A:** Healthy Minds, Healthy Campuses

### **2.2.2 Advocacy: Robyn**

Robyn unavailable to attend. Will be at a future set rep meeting.

### **2.2.3 VP Student Affairs: Eirene**

Introduces herself and her role in BCITSA. Her role is to address systemic student concerns at BCIT. Collaborates with BCITSA Advocacy Coordinator, Robyn. She encourages set reps to talk to her for any concerns, particularly if many students express the same concerns. She informs set reps about advocacy and importance of addressing concerns along the “chain of command” i.e., address instructor first, then program head, then, associate dean, etc.

**Q:** Who evaluates the claims and complaints? What is considered a legitimate claim that needs to be addressed?

**A:** Talk to Your chair (Alicia), Student Advocacy (Robyn), and/or VP Student Affairs (Eirene). They are great resources who can direct and assist you.

### **2.2.4 LAN Party: Hung, Chair of Computing**

Promotes LAN party Video Game Night - Friday, November 1st. 5:30 SE12 on the 3rd floor. Pre-registration is \$7 by filling out form on <http://gamesdevclub.bcit.ca/survey/> or \$10 at the door. Ticket includes burger, pop, sides, video games. Chance to win door prizes.

**Q:** Are all games provided?

**A:** Game cube, Wii U. If there is anything you like to see, suggest it. Or bring your own!

## **2.3 Old Business:**

### **2.3.2 Water Fountains**

Complaint about SW3/SW5 fountains having metallic taste has been forwarded to BCIT Facilities. Current status of request – in progress. Alicia received an e-mail that BCIT is periodically flushing the fountains and in the process of water being tested. She will continue to follow-up on the request.

### **2.3.3 Speak Up Speak Out**

Speak up Speak Out will be Feb. 18-21. Shirts will be ordered in January.

### **2.3.4 Previous student questions RE: Rec Services, Exceptionalities**

Regarding previous question about free Rec Services classes last year but not this year, Alicia explains that the Rec Services classes were technically not free last year. BCITSA used to pay for it. After evaluation of last year, BCITSA realized a lack of attendance of the paid classes and decided to reallocate the funds to other more used student services.

Regarding previous question about students with exceptionalities, if students feel like they are being discriminated because of the exceptionalities, BCIT has a Harassment and Discrimination Office (SW1-2310). Contact Paul Harris ([paul\\_harris@bcit.ca](mailto:paul_harris@bcit.ca)). Alicia refers set reps to BCIT Policy 7507.

### **2.3.4 Feedback from questionnaire**

Set rep raises issue of lunch hour scheduling for free health clinic. Options are limited to go and seek help. Have to miss class to attend clinic or go off campus for an appointment. Students only go if really sick because if they miss 10% of the program, they may fail the program. Set rep proposes possibly extending or rearranging hours. Alicia to look into issue and will follow-up.

## **2.4 New Business**

### **2.4.1 BCITSA Operations Updates**

#### Online Booking for Study Rooms:

Alicia tells set reps that study room bookings can be done online at <https://studyrooms.bcit.ca>. This includes booking for study rooms in the Great Hall, library, other BCIT campuses. Booking club space or Council Chambers must be done through Bev ([mainoffice@bcit.sa](mailto:mainoffice@bcit.sa)).

#### Link:

Link change to magazine format. Prints once a month but more frequent issues published online at [www.linknewspaper.ca](http://www.linknewspaper.ca). Alicia reminds set reps that the Link is BCIT students' paper. Students can contribute and if submission is published, contributors are paid.

#### Pub:

Offers daily express lunch for \$7. Also, can buy Canucks tickets to the November 22<sup>nd</sup> game, Canucks vs Blue Jackets. Tickets are \$90 and include Pub burger, 2 beers, and bus to and from game.

### **2.4.2 Council Meetings**

Alicia encourages set reps and other students to attend Council Meetings. All students can attend. Council Meetings are every 2nd Monday. Next Meeting: November 4<sup>th</sup>, 2013. Email Brad, VP Finance & Administration ([vpfinance@bcitsa.ca](mailto:vpfinance@bcitsa.ca)) if you wish to attend.

### **2.4.3 Rec Rep**

Alicia encourages set reps to appoint a Rec rep in their class if they have not done so already. Rec services liaises with rec reps about rec services special events, program deadlines etc. If you are interested, contact Paul Fortier ([paul\\_fortier@bcit.ca](mailto:paul_fortier@bcit.ca) or 604-432-8282)

### **2.4.4 Health Science album on BCITSA Facebook page (Photo time!)**

Alicia reminds set reps that one of her objectives this year is to strengthen the sense of community in the School of Health Sciences. She tells set reps about a Facebook album dedicated to BCIT health sciences. She encourages set reps to spread the word and get students to contribute photos of their BCIT experience using the hashtag #bcithealthscience on public posts on social media (Facebook, Twitter, Instagram) or email photos to [bcit.HSphotos@gmail.com](mailto:bcit.HSphotos@gmail.com). Monthly prizes for best photo.

She also encourages students to link onto the BCITSA Facebook page and other social media to keep up to date with events and contest.

### **2.5 Open Forum**

**Q/C:** In light of UBC rape incidents, please be safe

**A:** BCIT provides a Safer Walk program – For the Burnaby Campus, call 604-451-6856

**Q/C** Can we do a Blood Drive at BCIT?

**A:** If students are willing to organize it, then please do so. However, these must be student-led events. Last year's Council decided that BCITSA will not sponsor or organize a blood drive themselves due to the discriminatory nature of the screening.

**Q:** Some rooms are freezing or too hot.

**A:** Please email Alicia the room number and building

### **2.6 Next Meeting and Adjournment**

The next meeting is Wednesday, November 27th, 3:00-5:00 PM in the Great Hall. It is also a Health Science Social Event open to all students. It is a chance for students to meet other students. Please encourage your sets and programs to come. Prizes, activities, such as gingerbread house building and more.

### **Meeting Adjourned**

The Chair person Alicia thanked all the Set Reps for coming to the meeting and adjourned it at 6:30pm.



**School of Health Sciences  
Set Rep Meeting Agenda  
Thursday, October 24<sup>th</sup>, 2013 5:30-6:30pm**

- 2.1 Meeting called to order
- 2.2 Guest speakers
  - 2.2.1 BCIT Counselling: Heather Hyde (20min)
  - 2.2.2 Advocacy: Robyn (5min)
  - 2.2.3 VP Student Affairs: Eirene (5min)
  - 2.2.4 LAN Party: Hung, Chair of Computing (1min)
- 2.3 Old Business (10min)
  - 2.3.1 Water Fountains
  - 2.3.2 Speak Up Speak Out
  - 2.3.3 Previous student questions RE: Rec Services, Exceptionalities
  - 2.3.4 Feedback from questionnaire
- 2.4 New Business (5 min)
  - 2.4.1 BCITSA Operations Updates
  - 2.4.2 Upcoming events
  - 2.4.3 Rec Rep
  - 2.4.4 Health Science album on BCITSA Facebook page (Photo time!)
- 2.5 Open Forum (15 min)
- 2.6 Next Meeting
  - November 27, 2013 @ 3pm-5pm
  - Great Hall
- 2.7 Meeting Adjournment

