



Set/ Rep Meeting Minutes  
of the School of Health Sciences  
Wednesday, March 8, 2012

Chair: Laura Chow, Chair of the School of Health Sciences

Set/Tech Reps:

Jenn Denbok	Andrew Hou
Alex Skilton	Saa'd Jalili
Roger VanZyl	Dennis Senft
Mark Ventura	Jenna Yamashita
Kevin Chau	Jenny Billett
Daisy Lum	Chris Morse
Ewan McLeod	Katrina Halkett
Lora Martens	Zac Der
Jenn Forge	Mohamed Hadi
Kathleen Bird	

Staff:

Olesea Zadoinova, BCITSA Clubs & Program Coordinator, [clubscordinator@bcitsa.ca](mailto:clubscordinator@bcitsa.ca)

Guest Speakers:

Karl Tegenfeldt, Advocacy Coordinator, [advocate@bcitsa.ca](mailto:advocate@bcitsa.ca)

6.1 Meeting called to order

The Chair person, Laura Chow, calls meeting to order at 5:45 pm

6.2 Introductions

Laura introduced to the Set Reps Karl Tegenfeldt, the BCITSA Advocacy Coordinator

6.3 Guest speakers

➤ **The guest speaker Karl Tegenfeldt**

The guest speaker Karl Tegenfeldt reminded Set Reps regarding the mental wellness week coming up during the week of April 16-20. The Wellness Week is being designed to create space within the BCIT community to increase awareness about, participate in and engage with issues related to mental health and wellness. A slogan for this event is **Speak Up/Speak Out**. It will happen in combination with Zen Lounge, which is on Tuesday/Wednesday April 17-18.

Other than the Zen Lounge activities, additional workshops on mindfulness meditation, holistic yoga and a traditional Aboriginal Sweat Lodge ceremony will focus on enhancing mind/body/spirit interconnectedness through experiential practice. One day will be dedicated to a Resource Fair where local non-profits in the fields of addiction, recovery and mental health provision will be invited to share resources.

Set Reps were encouraged to sign-up for volunteering on this event. The BCITSA is designing T-shirts for students who want to support Mental Health Awareness Week. Set Reps are welcome to contact Karl by March 22, 2012, in case they would like to pre-order the T-shirts for themselves and/or for their classmates.

Questions?

- ✓ Is there a price for a T-shirt? No, it will be free for volunteers. If you would like to volunteer, please email us by April 9, 2012 at [advocate@bcitsa.ca](mailto:advocate@bcitsa.ca)
- ✓ Can students purchase T-shirts? We are not sure yet. It is likely it will be by donation, but we will follow up once all everything is more ready to go (e.g. budget & all).
- ✓ What donation you are expecting? About 5 dollars donation.
- ✓ What is the time schedule for this event? Approximately from 10:00am till 3:00pm.
- ✓ Do you have suicide prevention? It is something we are looking into to add for next year. We will be providing different services that will advertise how to deal with suicide prevention, but nothing will be focused directly on it this year because it go too large. We are focusing more on talking about Mental Health issues.
- ✓ If we would like to order T-shirt for the whole group, what should we do? Contact me by email and indicate size you need.

**6.4 Unfinished Business:**

- The BCITSA is holding its annual executive and school chair elections. It is a rewarding opportunity for students to be able to make changes and give back to the peers while gaining experience and making money on campus. Set Reps were invited to apply for the positions of Chair of the School of Health Sciences, Vice President External, Vice President Campus Life, Vice President Administration & Finance, President and etc. Applications will be available at the BCITSA General Office (SE2) or at BCIT website, [www.bcitsa.ca](http://www.bcitsa.ca) on **March 19**. Students can apply for any position by submitting their application before **Friday, March 30 at noon**. Laura shared her experience of being the Chair of the School of Health Sciences.
- The BCITSA is pleased to offer an award of \$500 to the most outstanding Rep from each school. The nominees must be present at all Rep meetings, been actively involved

in discussions and BCIT/school activities, be in good academic standing with a minimum grade point average as defined by their program, have letters of recommendation and etc. The Nomination form package must be submitted by April 5, 2012. Please find more details at [www.bcitsa.ca](http://www.bcitsa.ca)

- Kathleen Bird, the BCIT Legacy Club president, inquired the Set Rep if they would like to extend the deadline for the submission of photos of the interesting moments in their program. Set Rep supported this idea. The photos should be emailed at [bcitlegacy@gmail.com](mailto:bcitlegacy@gmail.com); \$300 cash prizes will be provided for each school in case of participation.

Questions:

- ✓ What do you plan to do with these photos? We plan to post them in the Library in black and white for inspiration.
- ✓ Should the pictures be taken in Black and White? Preferably, yes.

## 6.5 New Business

Set Rep were reminded regarding upcoming spring break. Laura can be reached by email during this period of time. Set Rep were informed, that next meeting will be run by Brian Harvey, the Chair of the School of Transportation, Construction and the Environment.

## 6.6 Open Forum:

- ✓ Set Rep discussed the organization of the potential Blood Donor Clinic event on Campus. Due to the special policies on Campus, it was proposed to organize such an event out of Campus.
- ✓ Computer Labs- Gateway 2<sup>nd</sup> floor are not working properly. It takes a lot of time to start these computers and they are freezing or crashing once they are started up. Laura will investigate.
- ✓ Computer Labs- Gateway 2<sup>nd</sup> floor- USB port is too tight in some computers. Laura will investigate.
- ✓ EhPod 137 (right by the washroom) - heater broken; it is really hot there. Laura will investigate.

## 6.7 Next Meeting and Adjournment

Next Meeting is scheduled for Thursday, April 19, 2012, from 5:30pm-6:30pm in Council Chambers. The Chairperson, Laura Chow, adjourned the meeting at 6:30pm.

School of Health Sciences 2011-2012  
Set Rep Meeting Agenda for  
Thursday, March 8, 2012 5:30pm

6.1 Call Meeting to Order

6.2 Introductions

- Introduce guests
  - Karl Tegenfeldt

6.3 Guest Speakers

- Karl: Speak Up/Speak Out

6.4 Unfinished Business

- BCITSA Chair of the School of Health Sciences & Vice President Positions
  - Elections will be in April, must apply by the end of March
- Set Rep awards – by nomination
- Legacy Club – last day to get your pictures in is tomorrow

6.5 New Business

- Spring Break next week

6.6 Open Forum

- Set Rep questions/comments

6.7 Meeting Adjournment

- The next Set Rep meeting is scheduled for **Thursday**, April 19, 2012 at 5:30pm (will be run by Brian Harvey)