



Set/ Rep Meeting Minutes  
of the School of Health Sciences  
Wednesday, January 12, 2012

Chair: Laura Chow, Chair of the School of Health Sciences

Set/Tech Reps:

Duff Walker	Jenn Forge
Daisy Lum	Victoria Myachina
Alex Skilton	Roger Van Zyl
Li Lian Choh	Ewan McLeod
Ewa Kusmierek	Chris Morse
Kathleen Bird	Rachel Bloomfield
Kevin Chau	Andrew Hou
Samantha Mori	Willie Bao
Katrina Halkett	

Staff:

Olesea Zadoinova, BCITSA Clubs & Program Coordinator, [clubscoordinator@bcitsa.ca](mailto:clubscoordinator@bcitsa.ca)

Guest Speakers:

Brian Harvey, Chair of the School of Transportation, Construction and the Environment, [chairtransportation@bcitsa.ca](mailto:chairtransportation@bcitsa.ca)

Kathleen Bird, BCIT Legacy Club, [BCITlegacy@gmail.com](mailto:BCITlegacy@gmail.com)

Heather Hyde, Counsellor, Counselling and Student Development, [Heather.Hyde@bcit.ca](mailto:Heather.Hyde@bcit.ca)

4.1 Meeting called to order

The Chair person, Laura Chow, calls meeting to order at 5:40 pm

## 4.2 Introductions

Laura introduced to the Set Reps the Guest speakers: Brian Harvey, Kathleen Bird, Heather Hyde.

## 4.3 Guest speakers

### ➤ The Guest Speaker Brian Harvey

- It was announced that School of Heath Set Rep meeting will be presided by Brian Harvey, the School of Transportation, Construction and the Environment in April. Laura plans to continue to check and respond on her emails then. Set Reps will be emailed regarding the day and time of the April's meeting.
- Set Reps were invited to participate in the Pool Tournament, which will take place in the Professor Mugs Pub on February 10, 2012 at 5:30pm. Though the event is organized by the chair of the School of T, C, E, all the schools and campuses are called to participate in the competition. The Pub will work later that date; in addition, door prizes will be offered. More info can be obtained by email at [chairtransportation@bcitsa.ca](mailto:chairtransportation@bcitsa.ca). Entrance fee is 8 dollars which includes Burger and Beer. The tickets can be obtained from the main office of the BCIT Student Association.

Questions:

- ✓ Should we buy ticket through you? No, though the main office of the BCITSA.
- ✓ Do you have any flyers? They will be posted soon; you can pass it to your classmates.

### ➤ The guest speaker Kathleen Bird

The president of the Legacy Club, Kathleen Bird has introduced herself and the Legacy Club. It was announced that the Legacy Club has taken a new direction/project this year: to create an artistic photo collection of different programs. Set Reps were asked about their potential interest in participation. Set Reps expressed their opinions where and when the pictures should be taken.

Questions:

- ✓ Would you like us to take a couple of pictures and send it to you? Our club has a photographer; you just need to invite him when you are doing something interesting on your classes.
- ✓ Where do you plan to put the pictures? We are thinking about the library and the Great Hall. Set Reps shared the idea to put the pictures in the Alumni Space. The Legacy club was advised to contact associates' deans and the BCITSA VP public external for support.
- ✓ How to get in touch with you? My contact information is in your agenda.

### ➤ The guest speaker Heather Hyde

Heather Hyde, BCIT Counsellor has introduced herself to the Set Reps. There were discussed Counselling and Student Development Services on Campus, research, trends and statistics. Set Reps were asked their opinions about the key issues for students in their program, peak times and sources for student distress. Set Reps were advised to refer students in difficulty to the Counselling the earlier the better. The reasons the students access counselling are anxiety, assertiveness, grief/loss, self-confidence, relationships and etc. Statistics showed that School of Health Sciences Student Visits to Counsellors increasing. According to the survey 95% percent of the students were satisfied with the services they received from the Counselling and Student Development. Set Reps were advised not to hesitate to call/contact the Counselling and Student Development services at [www.bcit.ca/counselling](http://www.bcit.ca/counselling). Confidentiality is absolutely a key. It was announced that on February 22, 2012 from 2:30pm till 4:00pm Stress Reduction with Mindfulness Meditation for Students will be provided. The event is co-sponsored with Recreational Services and will take place in SE6-208. Most of the Set Reps supported the idea to organize it.

Questions:

How can we promote the services if counselling is currently operating at 97% capacity for direct services? We have some system in place. We are planning our appointments and don't rebook them instantly. Sometimes after hours services can be provided.

#### 4.4 Unfinished Business:

➤ **Mental Health Week (May 7-13, 2012) –Progress –feedback**

Laura has a meeting with BCITSA staff tomorrow regarding the mental health week before addressing the project on the more formal level. Set Reps were advised to email Laura their ideas and suggestions regarding this.

#### 4.5 New Business

➤ **First Aid**

First Aid – come January. Students can register for first aid courses provided by St. John's Ambulance at 20% discount for the BCIT students. (Excludes level 2 & 3 – those are 5% off).

Questions:

- ✓ Does it include CPR? Laura will investigate.
- ✓ What is the discount period till? Laura will investigate.
- ✓ Will SIF be available in case students would like to take Level 3? Students can apply; the decision will be made by the Committee.

➤ **Health Care Drinks:**

It was asked if the Set Reps are interested in the Health Care Drinks. The next one is coming on Thursday, January 26, 2012 at 5:30pm at the Blarney Stone. The Set Reps were invited to share their feedback for making better experience for students in future.

➤ **Reminder:**

Chair of Health Sciences Position will be up for grabs for September (election and application process will occur in late March/early April). There were explained the reasons, benefits and motivations why students/Set Reps should apply for the position this year.

**4.6 Open Forum:**

- ✓ How can we print online official info about our tuition fees? BCIT formal letter head will not be accepted. You can apply for the confirmation of enrolment, which takes only a couple of days.
- ✓ SWI, Gateway - no lights in the washroom. Last time it was checked on Monday. It was proposed to take a smartphone picture of it. Fiona Mitchell commented that students should not hesitate to contact associate dean in such cases.
- ✓ Can we have more computer access and quick print stations around the Campus? It is not convenient for students to go to the library every time they need to check their emails or to print their notes. It was advised to make it similar to the Book Store station. Laura will investigate.
- ✓ Stephen Lam, Chief Information Officer, Information Technology Services is planning to come to one of the Set Reps meetings.
- ✓ It is very problematic for students to pay their tuition first and then get the award. Can we make it different? It was recommended to address the issue directly to the Financial Aid and Awards department and precisely to Stephanie Williams, Coordinator - Program Eligibility.
- ✓ BCIT has started the Green Initiative, which results that most of instructors don't print any materials for students. As a result, students have to print these materials at home, using their own paper and printer. Set Reps were wondering if the students' fees can come down, because of this. It was recommended to address the issue to Bill Dow, who is a member of Sustainability Committee on Campus.
- ✓ When will we move from books to Ipods as other schools? BCIT is looking into it but not at the early stage.

**4.7 Next Meeting and Adjournment**

Next Meeting is scheduled for Wednesday, February 8, 2012, from 5:30pm-6:30pm in Council Chambers. The Chairperson, Laura Chow, adjourned the meeting at 6:50pm.

**School of Health Sciences 2011-2012  
Set Rep Meeting Agenda for  
Wednesday, January 11, 2012 5:30pm**

4.1 Call Meeting to Order

4.2 Introductions

- Introduce guests
  - Brian Harvey
  - Kathleen Bird
  - Heather Hyde

4.3 Guest Speakers

- Brian Harvey – pool tournament
- Kathleen Bird – Legacy Club
  - [BCITLegacy@gmail.com](mailto:BCITLegacy@gmail.com)
- Heather Hyde – counselling services

4.4 Unfinished Business

- Mental Health Week (May 7-13, 2012) – progress – feedback?

4.5 New Business

- First Aid – come January, can register for first aid courses (provided by St. John's Ambulance) at 20% discount (excludes level 2 & 3 – those are 5% off)
- Health Care Drinks – Thursday, January 26, 2012 at 5:30pm at the Blarney Stone
- Reminder: Chair of Health Sciences position will be up for grabs for September (election and application process will occur in late March/early April)

4.6 Open Forum

- Set Rep questions/comments

4.7 Next Meeting and Adjournment

- The next Set Rep meeting is scheduled for Wednesday, February 8, 2012 at 5:30pm