



Set/ Rep Meeting Minutes
of the School of Health Sciences
Wednesday, October 26, 2011

Chair: Laura Chow, Chair of the School of Health Sciences

Set/Tech Reps:

Saa'd Jalili	Samantha Mori
Kaitlin Dalton Gibson	Karl Diab
Kathleen Bird	Willie Bao
Kevin Chau	Lora Martens
Ewa Kusmierek	Jenn Forge
Dwayne Torgunrud	Andrew Hou
Jenny Billett	Ewan McLeod
Jenna Yamashita	Roger Van Zyl
Duff Walker	Gareth Walters
Amber Johnson	Alex Skilton
Daisy Lum	

Staff: Olesea Zadoinova

Guest Speakers:

Catherine Wilkinson, BCITSA Student Services Manager, servicesmgr@bcitsa.ca

Associate Dean: Fiona Mitchell, Fiona.Mitchell@bcit.ca

2.1 Meeting called to order

The Chair person, Laura Chow, calls meeting to order at 5:30 pm

2.2 Introductions

Laura introduced to the Set Reps Fiona Mitchell, Associate Dean of the School of Health.

2.3 Guest speakers

➤ Mentorship Program

Guest speaker Catherine Wilkinson presented to the Set Rep information about Mentorship Program. This Program introduces students to a professional industry Mentor and allows them

to figure out their professional goal. Mentors provide students with guidance in successful business and academic strategies that will ensure success in the student's future career. It is 5 months program; students will have to dedicate 2 hours every month. At least one of the meetings with mentor will be face to face. Application deadline is November 9, 2011; another intake will be in January. The training will take place on November 16th, 2011 from 5:30pm till 7:30 pm. Set Reps were asked to let students know that this opportunity is available for them. Please email Catherine at servicesmgr@bcitsa.ca for more details.

Questions:

- ✓ Where can we get more information about it? I work in the Uconnect Resource Center, so you can find me there for more details; moreover, I can email to Laura the Mentorship Blurb with Application form.
- ✓ Is it a mandatory 5th months program? Can we make it 3 months or 4 months? I will look into it. However this is opportunity for all of you. Professionals from the field participate to support the next generation of professionals. 5 months seem to be a lot of time, but it just 10 hours of your time for the whole 5 months period. You will find the program interesting and helpful for you.
- ✓ First year students cannot do it? First year students can apply; however our preference is 3-rd and 4-th year students. The program is designed to help students with their career.
- ✓ Can we make a schedule for the training more flexible? We have a midterm next day. There will be another intake in January. November 16th is Wednesday, and I know that most of you don't have classes from 2:30pm till 7:30 pm that day.
- ✓ How do you find mentors? We contact the Alumni Association, Dean and Associate Deans to help us in finding the professionals. Most of the mentors are BCIT alumni or friends of the Dean/Associate Deans. Please ask your classmates if they are interested in the Program, so we can contact more mentors.
- ✓ Will it work one mentor and the whole group? No. The program is designed to build good relationship with mentors; in case of the whole group, it is not very easy.
- ✓ Will it work one mentor and two students? Yes, absolutely.

Set Reps shared their ideas how to make the Program more successful and useful for students.

➤ **Food Safe Class**

Guest speaker Catherine Wilkinson mentioned to the Set Rep that Food Safe class is now available on Campus. It is offered in January and costs \$45 per students.

Questions :

- ✓ Where to sign up for the Food Safe? You can sign up in the Uconnect Resource Center. Approximate dates are January 14th and January 21, 2011. Please check in Uconnect Resource Center for more details.
- ✓ Should we pay by cash only? You can pay by your debit or credit cards as well.

➤ **Fit testing class**

BCITSA is working on the initiative to propose a Fit testing class for the nursing students. The cost and time supposed to be facilitated for students. Students will be allowed to take the class before they go to clinical.

Questions:

- ✓ What is the purpose of this class? The class will give students an opportunity to obtain knowledge in protecting themselves from air-borne diseases and in putting correctly masks on their noses and mouths.

2.4 Unfinished Business:

➤ **Health Care Drinks**

Set Reps were asked for the students' feedback regarding Health Care Drinks which will take place on Thursday, November 3rd, 2011 at 5:30pm @ the Blarney Stone. Organizers of the event would like to know if such kinds of occasions are beneficial for students or students would like to see something different. Please contact Laura Chow at chairhealth@bcitsa.ca for sharing your impressions/opinions regarding the event.

➤ **Mental Health Awareness Week**

It was declared that Mental Health Awareness Week is coming on Campus on May 7-13, 2012. Set Reps were asked how to improve awareness about this event. It was mentioned that people are afraid to speak about mental health, most of them don't want to admit the fact that the problem exists. Students were encouraged to speak about the problem, for avoiding further health troubles (depression...). One of the set reps proposed her help in bringing a speaker to talk about addictions. Minimum capacity requirement will be at least 20 students, in case the speaker will come on Campus. Set reps shared their ideas how to deal with stress and depression. It was proposed to take Yoga and meditation classes as a way to deal with stress. Moreover, it was underlined that the whole week will be dedicated to the mental care and students are encouraged to stop by the Mental Health Booth. Please contact Laura Chow at chairhealth@bcitsa.ca for more information.

Questions:

- ✓ Can we collaborate with Recreational Services? Students will feel more comfortable to participate. Laura will look into it.

2.5 New Business

➤ **Health Sciences Mingler.**

Laura invited Set Reps to participate in the Health Sciences Mingler (unofficial event) which will take place in the Professor Mugs Pub on Friday, November 4th and Thursday, November

10th, 2011 at 4:30pm. It is a good chance for the Set Reps to get to know other students from nursing program.

➤ **Movember:**

Set Reps were asked to join Movember fundraising event. Students will have chance to get to know other people from different programs and to win prizes. More information and registration forms for Movember event can be found online at www.bcitsa.ca.

➤ **Advocacy:**

Set Reps were encouraged to use the Complaint Procedure; however, to do it in the right way. The most important is to have a written agreement/confirmation from the part of students to represent their interests. The best informational resources are Karl Tegenfeldt, Advocacy Coordinator at advocate@bcitsa.ca or BCITSA website www.bcitsa.ca.

Questions:

- ✓ Why instructors don't show up midterm test results? Do we have such a policy on campus which prohibits instructors to do it? Fiona: A lot of work is dedicated in developing these tests. Students can take a picture of it and share it with friends; so they can release the questions. However, students can ask for instructor's feedback.

Set Reps shared other ideas and concerns regarding instructors, way of marking, average marks and etc. Fiona answered Set Reps questions and tried to find solutions for their concerns.

2.6 Forum:

- ✓ The paper towel is broken on the first floor in SW1, and nobody takes care of it for about a week. Laura will investigate.
- ✓ Can we promote hand washing on Campus? Some of the students don't wash hands after the washroom? Laura will investigate.
- ✓ Where we can get the class clothing? You can order it from Gear up store; you just need to meet the minimum quantity requirement.
- ✓ Can we turn on the heat in SE12 312? Laura will investigate.
- ✓ There is poor wireless connection in NE1 and SW3. Laura will investigate.
- ✓ Can we install the water fountain in SW1? Laura will investigate.
- ✓ Can we install better wireless connection in NE1 321? Laura will investigate.

2.7 Next Meeting

Next Meeting is scheduled for Wednesday, November 23rd, 2011, from 5:30pm-6:30pm in Council Chambers.

2.8 Adjournment

The Chairperson, Laura Chow, adjourned the meeting at 6:35pm.

October 26th, 2011
School of Health Sciences
Set Rep Meeting Agenda

2.1 Meeting called to order

2.2 Introductions

- Introduce Associate Deans (Fiona Mitchell)

2.3 Guest Speakers:

- Catherine Wilkinson, BCITSA Student Services Manager

2.4 Unfinished business

- Health Care Drinks
- Mental Health Awareness Week (May 7-13, 2012)

2.5 New Business

- Health Sciences Mingler “unofficial” event (Friday, November 4, and Thursday, November 10 at Prof. Muggs at 4:30pm)
- Movember
- Advocacy – what policies/procedures do you want to see?

2.6 Open Forum

2.7 Next Meeting

2.8 Meeting Adjourned