

Set Rep Meeting Agenda
School of Health Sciences
February 21, 2019
5:00-7:00 PM in Council Chambers (SE2 324)

Chair: Sasha Voznyuk – Chair of Health Sciences
Guest Speaker: Chris Rogerson – Director Student Success

1. Meeting Called to Order

2. Student Success – Chris Rogerson (1 hour)

2.1 What would you say if very important to your success?

- Having better Medical Clinic appointments – we are waiting 3 weeks for the an appointment. Extend hours?
- A good sleeping space that is clean.
 - We had a nap room – but was not used. We are thinking of making hostile rooms that we would charge a fee to use and sleep over night.
- Massage chairs in library like the ones in satellite campuses.
 - Maybe the SA can look into this.
- Revamping the outside space – outside of gym.
 - This was done last year.
- Extend the hours of Boost Juice.
 - They are looking for feedback on their hours so we can let them know.

2.2 What is working/supporting your wellness right now?

- Living on residence. Easy to commute.

- The gym – Much larger than UBC's.
- The new walkway to NE1 is awesome.
 - But only have the walkway is covered

3. **Wellness Peers** (15 minutes)

- a. Little in peer-to-peer counselling
- b. To offer online counselling and an instructional video
- c. Counsellors to come to classes and outline what a session looks like.
- d. Topics like Sex Edu., nutrition, sleep, self-care to have peers training with presentations
- e. But the Health Student Reps are familiar with those topics.

4. **Set Rep Restructuring** (10 minutes)

- Requested more trainings to set set-reps apart such as
 - Conflict Resolution
 - Mental Health First Day – Would you be interested in this training?
 - From \$200 regular fee to \$25 fee.
- At the start of the program but students expressed that they are typically stressed at this time of the year
- Set reps are looking for a way to engage their set in the discussion.
 - Sasha to give set-reps questions to ask their sets in advance of set-rep meetings

5. **BMC Mixer Discussion** (10 minutes)

- a. Students are open to the idea. They are asking for a more of a scheduled structured event
- b. They are asking to meet halfway between here and the BMC campus.

6. Open Forum (15 min)

7. Reminders

7.1 SoHS IPE Team Meetings

7.1.1 Monday, February 25 at 1:00-2:30 PM in SW01 1120

8. Meeting Adjournment