

School of Health Sciences

Set Rep Meeting Minutes

Wednesday, October 18th, 2017 3:00-5pm

Chair: Abby Tabaco, Chair of Health Sciences

Staff: Lauren Oleksewich, BCITSA Health and Wellness Coordinator

Attendees:

- Alex Guytingco
- Alixander Miskle
- Alvin Wong
- Ashwin Goyal
- Ava Moezinia
- Brendan Hay
- Calvin Tan
- Chloe LeTourneau
- Dianna Vuu
- Haley Kruetz
- Jeannia Ying
- Katrina Wong
- Levi Jackson
- Morgan Longland
- Paul Lee
- Reuban Mann
- Simon Bester
- Tenzin Sperl
- Winnie Su

1.0 Call to Order: 3:03 pm

2.0 Icebreaker: “Strange Disease Diagnosis Game” – break into groups, designate doctor and must figure out acted “diseases”

3.0 Guest Speakers:

Robyn Lougheed, Advocate

Kimberley Carter, BCITSA Health and Wellness Manager

Connie Evans, BCIT, SoHS IPE

3.1 Advocacy – Robyn Lougheed, BCIT Student Association Advocate:

advocate@bcitsa.ca

3.1.1 The BCIT Student Association Advocate provides confidential and unbiased services to all community members of BCIT through the use of referrals, advice, intervention, and providing information. The services are free (technically students have already paid for them with their student fees). Thus they are strongly encouraged to take advantage of these services.

3.1.2 Some of the key things an advocate can do to support the students are: navigate policies and procedures, mediate/support with confrontational meetings (important to note: every BCIT student has the right to have a support person present at any meeting),

3.1.3 Highlighted procedures of concern:

3.1.3.1 Instructors can kick you out of a class but cannot kick you out of a course

3.1.3.2 There is a BCIT policy that states that every BCIT course must have a designated BCIT prescribed course outline (either in paper or online)

3.1.4 Student code of conduct – if violated, there is a *strong* recommendation to connect with an advocate

3.1.5 Instructor complaints – very important to address early on, and “document, document, document”

3.1.6 Marks reassessment – students have the right to have marks reassessed if one feels they were graded unfairly – you have 20 business days to repeal your grades (marks reassessment on BCIT or advocacy homepage)

3.1.6.1 Appeal in regards to ~ last assignment (e.g. cannot appeal midterm at end of term)

3.1.7 Contact – office on third floor of SA offices in SE2, email – advocate@bcitsa.ca

3.1.8 Important to note: Advocate is not affiliated with BCIT but has relationships to better communicate

3.1.9 Questions:

3.1.9.1 What is needed for documentation? - What happened, when it happened, consequences, witnesses, etc.

Reassessment – typically for individual parts, i.e. repeal an assignment's evaluation

3.1.10 Ann Syme (Associate Dean of Nursing) – noted that the instructors and faculty really do want to hear student feedback and issues as early on as possible

3.2 Health and Wellness - Kimberley Carter, BCITSA Health and Wellness Manager:

kcarter@bcitsa.ca

3.2.1 Kim gave a presentation on what health and wellness is, why we care so much about it in a post-secondary setting, and how students' health and wellbeing is impacted during their time at BCIT

3.2.1.1 The Health and Wellness department is committed to the 8 Dimensions of Health (psychological, occupational, physical, social, spiritual, environmental, financial, and intellectual) of which all have an important and intersecting role in one's wellbeing

3.2.1.2 Discussed how we are physically and neurologically negatively impacted by stress

3.2.2 **Speak Up Speak Out (SUSO)** is our annual Mental Health Week which will be taking place this coming October 24-26, 2017. SUSO's goals are to: decrease the stigma surrounding mental health, empower staff faculty and students in their mental health journeys , increase awareness, and connect to resources

3.2.3 **SUSO – Abby** read out schedule, **Lauren Oleksewich (Health and Wellness Coordinator)** discussed details of the events – For details please see the BCITSA's SUSO Facebook Event Page (**hyperlinked below**)

Events:

3.2.3.1 Kid for a day – Tues Oct 24 – 11:00-2:00 Great Hall

3.2.3.2 BCIT Stretch – Tues Oct 24 - 11:30-12:00 SE14 Library

3.2.3.3 Mindful movement – Tues Oct 24 – 11:30-12:30 SE16 Mind and Body Room

3.2.3.4 Flow yoga – Tues Oct 24 – 4:30-5:30 SE16 Mind and Body Room

3.2.3.5 Free Breakfast (Breakfast Club) – Wed Oct 25 – 8:00-9:00am Great Hall

3.2.3.6 Question Persuade Refer (QPR) Suicide Intervention Workshop – Wed Oct 25 – 12:00-1:00 SE2 Council Chamber. Sign up:

<https://goo.gl/forms/uzDD6gytUBXbF39o1>

3.2.3.7 Mindfulness Session - Wed Oct 25 – 2:30-3:00 SE14 Room 303

3.2.3.8 Shea Emry Speaker Event – Wed Oct 25 – 3:00-4:00 Great Hall

3.2.3.9 Doggie De-Stress Day – Thurs Oct 26 – 11:30-1:30 Great Hall

3.2.4 Health and Wellness Services

3.2.4.1 We are working on better collaborating with the institution (i.e. financial services, counselling, etc.)

3.2.4.2 We are building a culture which supports the community's overarching health and wellbeing

3.2.4.3 Lauren spoke on services provided through SA (career services, entrepreneurial services, student development, etc.) and some of Health and Wellness' programs (Breakfast Club, Doggie De-Stress, Zen Lounge, Fresh Fruit Fridays)

3.2.5 Question – anyone interested in helping plan next year's SUSO? – One response –*Ava M*

3.2.6 Feedback – the students would like to see Zen Lounge and Doggie De-Stress happen more often (more variety of days) on campus

3.3 SoHS IPE – Connie Evans, Educator: Connie_Evans@bcit.ca

- 3.3.1 Connie has presented an open invitation to those who would like to participate in the SoHS IPE meetings
- 3.3.2 AN SoHS IPE meeting occurred today where the question of: “what would an ideal orientation look like” was discussed and collaborated on
- 3.3.3 The upcoming meeting will be focusing on SoHS and technology. All future meeting are posted on the BCIT calendar
- 3.3.4 She then presented a few discussion questions to the Set Rep group examining: “What does an ideal educator look like?” and “What does a typical SoHS student look like?”

4.0 New business:

4.1 Canadian Blood Services

- 4.1.1 Coming to BCIT Nov 30/17 and January 25/18 10am-5pm in Town Square A& B for a blood drive
- 4.1.2 Abby donated for the first time this summer and strongly encourages those who can and want to do so
- 4.1.3 The group discussed some of the requirements/limitations to donate blood (have to be certain height/weight, cannot have travelled to certain flagged country within 2 years of donating)
- 4.1.4 Can register at their website <https://blood.ca/en>

4.2 New SoHS Building

4.2.1 Still in development stages: discussing finances and restructuring the original plan (hoping for it to be larger and more stories than originally proposed)

4.2.2 Should have more updates in January

4.2.3 Really looking into student feedback as this will be a student-used space

4.3 Set Rep Meeting Times

4.3.1 Confirming this meeting time is okay – push back to 4:30? Group consensus to keep at 3pm

5.0 Old Business:

5.1 Power Hour

5.1.1 Future is now – Michael Bidu

5.1.1.1 Next Friday 3:00-4:30 in SW1 1021 – talking about health technologies that are changing Canadian and Global health

5.1.2 Brainstorming: What topics of discussion and speakers would the Set Reps like to see come to campus:

5.1.2.1 Government reps, health ministers/ministry of health, hospital boards, Medical Health Officer, bioinformatics & data, how to get people interested in OH&S > food outbreaks and why does this profession exist, health technologies and innovation, etc.

5.1.2.2 Abby calling for people to help her find/organize these speakers - response – 5 students volunteered

5.1.3 Power Hour Committee

5.1.3.1 Chloe L, Paul L, Ava M, Reuban M, Tenzin S,

6.0 Upcoming Events:

6.1 SUSO – for further questions or information feel free to connect with Lauren

(loleksewich@bcitsa.ca) , Kim (kcarter@bcitsa.ca), or connect on our [Facebook](#)

[Event](#)

6.2 Power Hour, Future is Now with Michael Bidu– connect with Abby or register at

<https://secure.bcit.ca/survey/index.php/299154>

6.3 SoHS and SoE Awards Ceremony – Nov 1/17 3-5pm at the Church, more info to

come

6.4 Change Day – Nov 17/17, Anne leading initiative (BC wide) looking at resiliency –

make a pledge as to what you would do to increase your resiliency

7.0 Open Forum: Questions, Comments, Concerns

7.1 Minutes to be distributed within a week

7.2 RSVP – through email – potential issue when replying to group via calendar response

8.0 Reminders:

8.1 Next Meeting: November 15, 2017 @ 3:00pm in Council Chambers

9.0 Meeting Adjournment: 4:51